

Parent information – Keeping children safe online

www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety



Online safety

The internet is amazing. Children can play, learn, create and connect - opening up a whole world of exciting possibilities. But how do you keep track of what they're doing and make sure they're staying safe?

Whether you're an online expert or you're not sure where to start we've got 4 key tips help you:

- explore the online world together
- talk to your child about staying safe online
- manage the software and tools your family use
- agree rules about what's ok and what's not



What children do online and through social networking (Tab content hidden)

Children and young people go online to connect with friends, and make new ones, to browse the internet for information, chat with others and play games. They may:

- search for information or content on search engines like [Google](#) and [Bing](#)
- share images and watch videos through websites or mobile apps like [Instagram](#), [Pinterest](#), [Vine](#) and [YouTube](#)
- use social networking websites like [Facebook](#) and [Twitter](#)
- write or reply to messages on forums and message boards
- play games alone or with others through websites, apps or game consoles
- chat with other people through online games, [BBM \(Blackberry Messenger\)](#), game consoles, webcams, social networks and tools like [Whatsapp](#)

When online, children and young people can learn new things, get help with homework, express themselves creatively and connect with friends and family.

There are also risks, but by understanding and talking about the dangers you can help keep your child safe online.

How to set up parental controls

Innocent searches sometimes reveal not so innocent results. So if you're worried about what your child is searching for online, who they're talking to or what they're seeing, we can help.

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What you need to know

Talk to someone about online safety Whether you want to set up parental controls, adjust privacy settings or get advice on social networks, experts from the free O2 & NSPCC help line are here to help.

Phone: [0808 800 5002](tel:08088005002)

